

First Aid for Appointed Persons / Emergency First Aid

Training Course Details

About This Course

This course covers vital theory and practical techniques for emergency first aid at work.

Who Should Attend?

Anybody who may have to deal with First Aid emergencies in the workplace or home.

Course Objectives

A systematic approach to deal with First Aid emergencies. Participants will have a knowledge of actions to be carried out in an emergency, basic life support as well as primary and secondary assessments. In addition, the course will provide an understanding of managing wounds and bleeding and disorders of respiration.

Course Overview

Welcome and introduction, followed by:

- First Aid priorities
- Primary assessment
- Principles of resuscitation
- Wounds and bleeding
- Managing incidents
- Secondary assessment
- Disorders of respiration

Practical scenarios to recap key points
Assessment

Course Details

Duration **1 day**

Certificate **Valid for 3 years**, plus independent assessment of candidates

Course Title **First Aid for Appointed Persons / Emergency First Aid**

Course Ref **FA003FAP**